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PIONEER HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL

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THE SCOPE OF HOMOEOPATHY IN SKIN DISEASES



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ABSTRACT :- The skin is the mirror of the internal stress, dynamics, internal economy and pre-dominant miasmatic expression. In short skin diseases are nothing but shadow of miasms on the surface. All the skin eruptions are primary/secondary or tertiary expressions of the miasms. How much keen are we as physician to recognize and interpretate them only decides scope of homoeopathy in skin diseases. These eruptions on skin are the result of perverted action of the life force so it very much counts. The presenting form of eruption like its location, its involving type of cell/tissue, pace of diseases, type of discharge/pain/colours etc.

Here I am presenting some of cases of skin disease, where curability depend apart from totality of symptoms the nature of remedies and its affinity to act as per stage of miasmatic progress.

Case 1

A case of young boy with recurrent history of tonsillitis and hereditary complaints of father was getting better with acute medicines but frequently recurring tonsillitis. On my observation in acute condition of his bilateral tonsillitis, I found him very difficult to open mouth and initially moving throat muscles action, stiffness was prominent, few doses of Guaiacum 200 cure him for acute complaints and even did not recurred.

Guaiacum is prominent remedy for secondary syphilis.

Case 2

A lady of 54 years suffering from psoriasis since many years was treated with many homoeopathic remedies with acute and chronic totality and constitutional remedy but was not much benefited. Now she has suddenly started complaints of pain in multiple joints, with morning stiffness and sever stitching pain more worse on first motion with few doses of Guaiacum 200 she started recovery in all joint pain and on repeating Guaiacum which was not a remedy for psoriatic totality even stared improving remarkably.

It was also a stage of secondary syphilis so guaiacum did not cure arthritis or psoriasis probably it cures secondary syphilis.

Case 3

A male patient of 46 years was having a complaint of chancer on Glans with totality of Acid nitricum. He was benefited with Acid nitricum for chancer but was getting recurrency wife was not ready to start treatment. Husband extra marital relations were very much known to her. This time his ulcer appeared on glans change the site with typically fiery red appearance with moisture and lots of desire to itch.

Though Mezereum was not ranking remedy in totality was prescribed and with few doses of Mezereum 200 patient was much benefited to chancre even completely cured. What Nitric acid could not do Mezereum cured – probably I learned a secondary syphilitic cancer.

Case 4

A lady of 29 years since last 3-4 years was recurrently developing a multiple boils all over body in month of June – July. Complaints were started only after her marriage since last 3-4 years, she got married before 6 years. These pustules with repeatedly treated with antibiotics every year were increasing in number next year especially with damp weather and now since last two years were developing suppurative changes. Phytolacca 200 cured case and no recurrency continued after that. These boils were of secondary syphilis which was cured by Phytolacca.

So, with studies of philosophy of miasmatic evaluation with Psora. Now a days in today's era Syphilitic Miasm has very vital role. We need to observe to decide the scope and possibly available remedies for such changes.

PRIMARY FORM	SECONDARY FORM
• Macules	• Excoriations
• Papules	• Ulceration
• Pustules	• Fissures
• Tubercles	• Crusts
• Vesicles	• Scabs
• Bullae	• Cicatrices – Scar
• Wheals	• Squamae
• Tumors	• Pigmentations
	• Rhagades

Reference – Miasmatic Concepts

By Dr. J.H Allen

PHONE ADDICTION



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Title: Understanding Phone Addiction: Causes, Effects, and Solutions

In today's digital age, smartphones have become an indispensable part of our lives, serving as gateways to endless information, communication, and entertainment. However, with this convenience comes the risk of addiction. Phone addiction, also known as smartphone addiction, is a growing concern affecting individuals of all ages worldwide. This article delves into the causes, effects, and potential solutions for combating phone addiction.

Understanding Phone Addiction:

Phone addiction is characterized by excessive and compulsive use of smartphones, leading to negative consequences in various aspects of life. Like other forms of addiction, it involves a loss of control over one's behavior and a strong urge to use the phone, often at the expense of other responsibilities and activities.

Causes of Phone Addiction:

Several factors contribute to the development of phone addiction:

1. **Instant Gratification:** Smartphones offer instant access to social media, games, and other forms of entertainment, providing immediate gratification and triggering dopamine release in the brain, reinforcing the behavior.



to

2. **Fear of Missing Out (FOMO):** The constant stream of updates on social

media creates a fear of missing out on important events, leading individuals to compulsively check their phones to stay connected.



3. **Escape from Reality:** For some people, excessive phone use serves as a means of escaping from stress, anxiety, or boredom, offering a temporary distraction from real-life challenges.

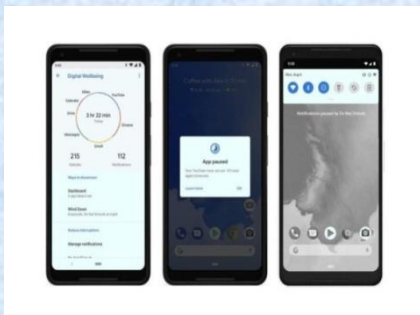


4. **Social Pressure:** Peer influence and societal norms play a significant role in shaping phone usage patterns, with individuals feeling pressured to constantly stay connected and responsive.

Effects of Phone Addiction:

Phone addiction can have profound effects on various aspects of life, including:





1. Decline in Mental Health: Excessive phone use has been linked to increased levels of anxiety, depression, and loneliness, as constant comparison with others on social media can negatively impact self-esteem.

2. Impaired Sleep: The blue light emitted by smartphones disrupts the production of melatonin, a hormone essential for sleep, leading to insomnia and poor sleep quality.

3. Poor Academic and Work Performance: Excessive phone use can interfere with concentration, productivity, and academic/work-related tasks, resulting in decreased performance and lower grades or job performance.

4. Strained Relationships: Spending excessive time on the phone can lead to neglect of personal relationships, causing conflicts and feelings of isolation among family members and friends.

Solutions for Phone Addiction:

Addressing phone addiction requires a multifaceted approach:

1. Awareness and Self-Reflection: Recognizing problematic phone usage patterns is the first step towards addressing addiction. Individuals should reflect on their phone habits and assess the impact on their daily lives.

2. Setting Boundaries: Establishing clear boundaries for phone use, such as designated screen-free times and spaces, can help regain control over usage habits and promote healthier habits.

3. Utilizing Digital Wellbeing Tools: Many smartphones offer built-in features like screen time tracking, app usage limits, and Do Not Disturb

mode to help users manage their phone usage more effectively.

4. Engaging in Offline Activities: Encouraging participation in offline activities such as hobbies, exercise, and face-to-face social interactions can reduce reliance on smartphones and promote a more balanced lifestyle.

5. Seeking Professional Help: In cases where phone addiction significantly impacts daily functioning and well-being, seeking

Withdrawal symptoms are physical, psychological, or behavioral reactions to sudden cessation of substance use or stopping a specific behavior.



support from mental health professionals or addiction specialists may be necessary.

Conclusion:

Phone addiction is a complex issue fueled by various psychological, social, and environmental factors. While smartphones offer numerous benefits, it's essential to maintain a healthy relationship with technology to prevent addiction and mitigate its negative effects on mental health, relationships, and overall well-being. By fostering

awareness, setting boundaries, and seeking support when needed, individuals can regain control over their phone usage and lead more balanced and fulfilling lives.

HOMOEOPATHY AND ITS EFFICACY IN SKIN COMPLAINTS



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☐ **Abstract:** This article presents a case of herpes zoster cured within 10 days. Through this case we can appreciate the importance of the homoeopathic simillimum which gives permanent cure without any medicinal adverse effects.

☐ **Keyword:** Homoeopathy, Herpes, Acute disease, Magnesium sulphuricum (Mag- Sulph)

Case:

A 29-year-old female patient reported to me on 27/01/2025 complaining of a skin problem which started with red dot eruptions followed by itching, burning at genitalia and back. Aggravation on application of water, previously she took allopathic medicine for the same but no improvement she discontinued it. The complaints started a month ago and she was having complaint of Urinary Tract Infection. And after that she developed skin eruptions.

PATIENT AS A PERSON:

☐ **Mental symptoms:**

By nature, she is calm as well as health conscious. She is married to the love of her life. Sometimes she feels lonely and having mood swings. She gets irritated.

She lost her father when she was 7 years old, she is the boy of her family what her father said to her, she herself gave Incendiary to her father's dead body, she was verbally torched by her relatives after that.

She does not express her feelings, she feels supportless, forsaken, all desires are unfulfilled after that she behaves like she is contented. Whenever she is sad she recalls all that procedure of her father's funeral, all that vacuum is fulfilled by her husband after her marriage.

In her dreams, she sees God, Goddess, Dog (brown colour dog biting her) She likes listening to music. And she also wants to sing as a hobby.

☐ **Past History:**

Urinary tract infection – 1 month ago

☐ **Family History:**

Grandmother – Hypertension

☐ **Physical Generals:**

- Appetite: Good
- Thirst: 4 liters a day
- Sleep: Sound & satisfactory
- Thirst: 4 liters a day
- Bowels: Regular, constipated in December now clear

- Perspiration- Only during exertion

☐ **Menstrual History:**

- Menses – Regular
- LMP – 29/01/25

☐ **Physical examination:**

- Temperature – 98.6 F
- Pulse – 78/mins
- BP – 130/80
- R.R. – 14/min
- Height – 165 cm
- Weight – 54 kg
- General build – Lean, thin, tall
- SpO2 – 98% on R.A.

☐ **Provisional Diagnosis:** Herpes zoster

☐ **Totality of Symptoms:**

- Irritable
- forsaken
- Loneliness
- Eruption on genitalia, back
- Burning at eruptions
- Itching
- Aggravation by application of water
- Non expressive
- Mood swings

REPERTORIAL SHEET :

1.	MIND- ABSENT FATHER SYNDROM
2.	MIND – CONTENT – HIM SELF WITH
3.	MIND –DESIRES- SUPPRESSING HIS DESIRE
4.	MIND –FORSAKEN FEELING
5.	MIND –MUSIC –ABILITY FOR
6.	MIND –ORPHAN
7.	DREAM –BITTEN BEING-DOGS BY
8.	DREAMS- GODDESS OF
9.	SKIN- ERUPTION – HERPES ZOSTER
10.	SKIN – ERUPTION – VESICULAR- ITCHING
11.	SKIN- ERUPTIONS- VESICULAR –BURNING

❑ REPERTORIAL RESULT :-

1.	Lachesis	5/8
2.	Silicia	5/6
3.	Sulphur	5/6
4.	Anacardium	4/7
5.	Mag. Carb.	4/6
6.	Nat.carb.	4/6
7.	Causticum	4/4
8.	Staph.	4/4
9.	Mag. mur.	3/3
10.	Mag. sulph	2/3



❑ REMEDY SELECTION & DISCUSSION :-

A constitutional remedy as per case given above magnesium sulph. magnesium covers the patient's mental condition like self-contented, forsaken feeling, loss of father and sulphur covers skin ailment, vesicular eruption, itching, burning, history of suppression (i.e. use of allopathic ointment as well as allopathic medication) here in this case constitutional medicine covers the acute viral skin ailment like herpes zoster.

❑ PRESCRIPTION :

Rx,

1. Mag-Sulph 200 / 2 dose at interval of 15 minutes
2. Sos – 4 doses ½ dram bottle
3. Five phos 6X / 4 pills / BD / morning and evening, for 7 days.



❑ FOLLOW-UP :-

**PATIENT REVIEW
REGARDING TREATMENT**

SR NO	DATE	SYMPTOMS	MEDICINE
1	30/01/25	New eruption appear (3-4) watery eruption, burning reduce	Five phos 6x 4 pills BD for 7 days. Mag sulph 200 one dose.
2	7/2/25	Feels better no itching, no burning no new eruption.	Five phos 6x 4 pills bd for 7 days.

EFFICIACY OF KALI NITRICUM 6C IN COMPARISION WITH PLAIN WATER IN YIELD OF CORIANDER LEAVES



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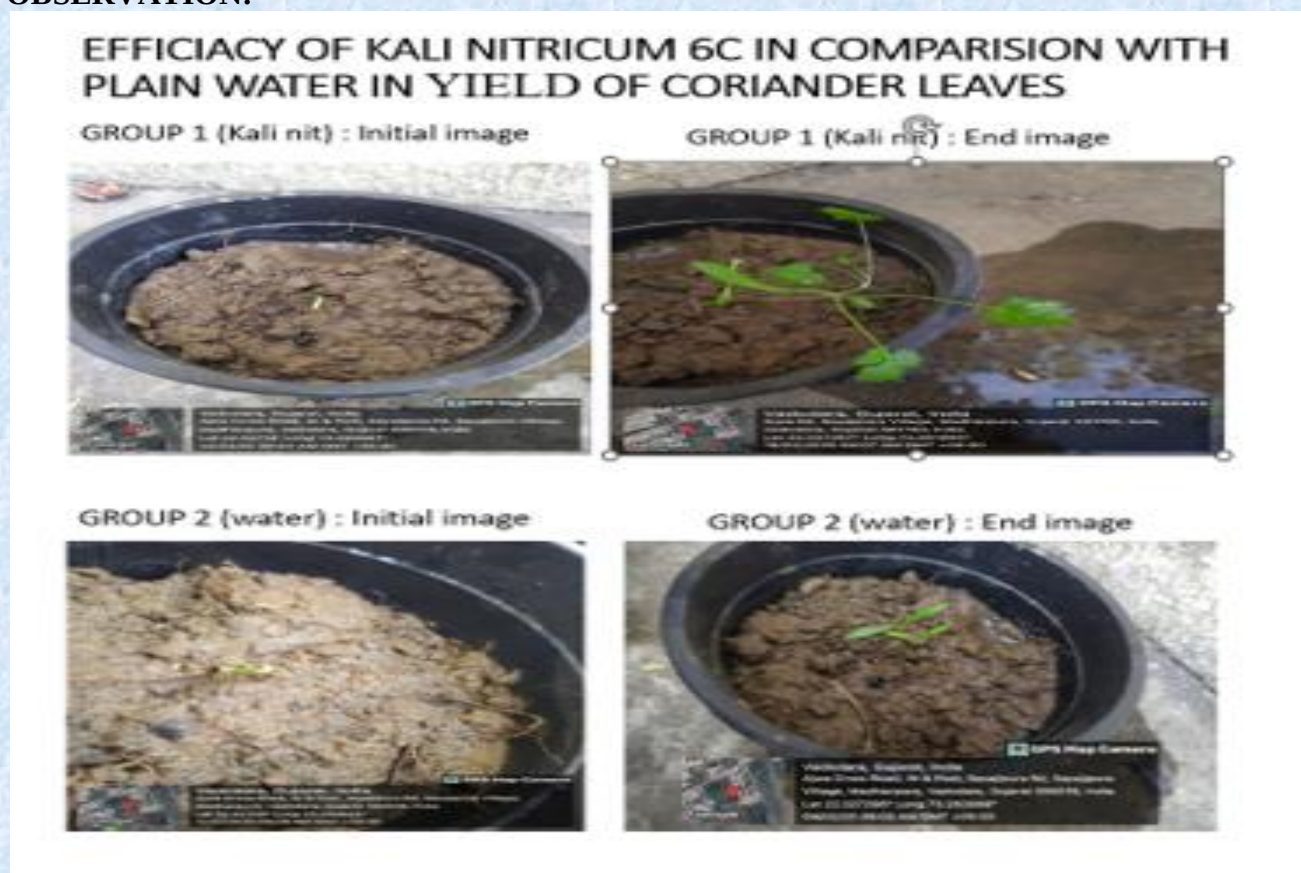
ABSTRACT

INTRODUCTION: Coriander herb commonly known as Dhaniya is used in every Indian household. It's a plant that grows throughout the year and also, it's a commonly used plant in every food dish. Potassium, Nitrogen and Phosphorous are basic elements to boost the yield which can easily be provided with the help of our medicine that too with less chemicals and side effects. As Kali nitricum is combination Potassium and Nitrogen it can provide essential element which plant requires to grow.

METHOD: An observational study was conducted in which we make two groups one of Kali nitricum group (Group 1) and another of plain water group (Group 2). In both the group we soaked 10 seeds for 24 hours. In Group 1 we used ratio of 1:9 i.e. 1 ml of kali nitricum dilution and 20 ml of water. In Group 2 there is no such ratio as we used only water for it. After 24 hours seeds are planted in soil of 2 plastic pots for further study. All pots were kept under sunlight at one place for equality. Numbers of leaves and stems are observed at every 24 hours and recorded as per table shown below.

GROUP 1 (KALI NIT)			GROUP 2 (WATER)		
DATE G1	NUMBER OF LEAVES G1	NUMBER OF STEM G1	DATE G2	NUMBER OF LEAVES G2	NUMBER OF STEM G2
02-02-2025	1	1	02-02-2025	0	0
03-02-2025	2	1	03-02-2025	0	0
04-02-2025	4	2	04-02-2025	0	0
05-02-2025	6	3	05-02-2025	0	0
06-02-2025	6	3	06-02-2025	0	0
07-02-2025	6	3	07-02-2025	0	0
08-02-2025	6	3	08-02-2025	0	0
09-02-2025	7	3	09-02-2025	0	0
10-02-2025	7	3	10-02-2025	1	1
11-02-2025	8	3	11-02-2025	1	1
12-02-2025	8	3	12-02-2025	2	1
13-02-2025	8	3	13-02-2025	4	2
14-02-2025	9	3	14-02-2025	4	2
15-02-2025	10	3	15-02-2025	4	2
16-02-2025	10	3	16-02-2025	4	2
17-02-2025	11	3	17-02-2025	4	2
18-02-2025	11	3	18-02-2025	4	2

OBSERVATION:



RESULTS: Group 1 showed growth after 10 days of plantation with good number of leaves whereas in Group 2 had showed growth after 18 days of plantation with a smaller number of leaves compared to Group 1.

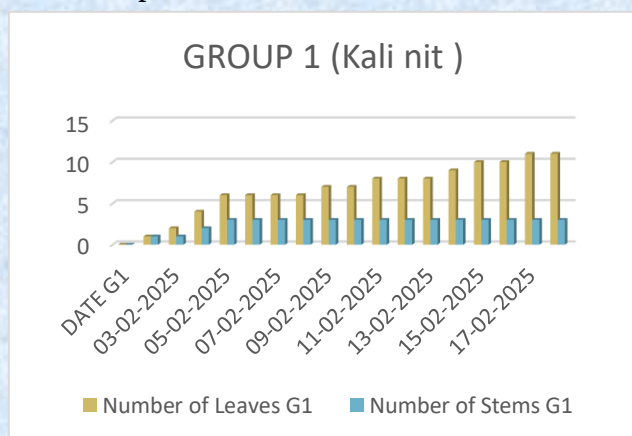


FIG.1

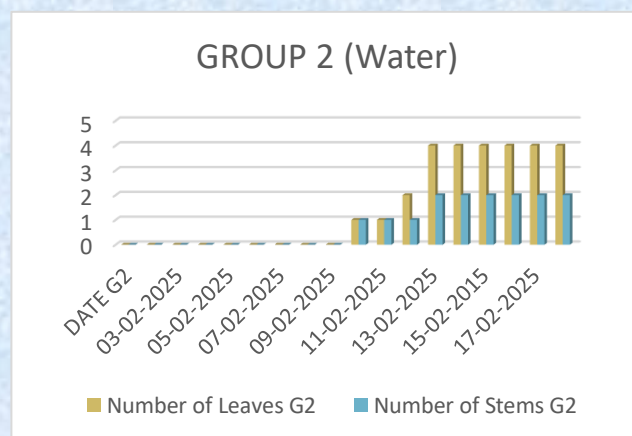


FIG.2

DISCUSSION: These findings indicate that homoeopathic remedies could be beneficial in growth of plants right from germination to the growth of plant with good number of leaves.

SCALY NODULES



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ABSTRACT :- This article represents a case of scaly nodular psoriasis which is effectively treated with homoeopathy. Scaly nodular psoriasis is a chronic autoimmune skin condition characterized by the formation of thick, scaly nodules on the skin's surface. These nodules can be painful, itchy, and disfiguring, significantly impacting a patient's quality of life. The condition is often associated with an abnormal immune response, genetic predisposition, and environmental triggers. Treatment options for scaly nodular psoriasis include topical and systemic medications, light therapy, and lifestyle modifications. However, the condition can be challenging to manage, and ongoing research is needed to develop more effective and targeted therapies.

CASE :- A 42 year male patient, who is farmer by occupation presented with following complaints:

Location	Sensation	Modality	Concomitant
Skin (Both hands, scalp, external ears, nape of neck) since 5 years.	Multiple Black popular eruption with scalling Itching++ Bleeding	< night, perspiration <after scratching	

O.D.P.: Eruption started first on nape of neck and to whole body.

Past history:

Disease	Since when	Treatment	Outcome
Hypertension Diabetes mellitus	5 years	Tab Acumin M2- 1-0-1 Tab. Joten P 1-0-0 Tab Diovog M 0.3- 0-1-0 Tab. Tiskatal 40- 1-0-0	Under Control with medicines

Mental General: Extrovert, anger ++



- **Scaly eruptions on skin- Physical particular common**
- **Itching in eruption- Physical particular common**
- **Itching < night- Physical particular aggravating modality**
- **Itching < after perspiration- Physical particular aggravating modality**
- **Bleeding after scratching- Physical particular aggravating modality**
- **Eruptions are Bilateral symmetrical- Physical particular**
- **Anger++ - Mental General**
- **Desire- Milk**

[illegible]

Rx,

Kali iod.200/ 3 dose X 15 days
Sac lac/ BD (Morning/ Night) X 15 days

FOLLOW UP:-

DATE	CHANGES IN SYMPTOMATOLOGY		TREATMENT
17/10/2024	Not much improvement.		S.L. 2 pills tds for one month. Continue with same Anti hypertensive and anti diabetic treatment as per advice of physician.
18/11/2024	Eruptions decreased. No scalling. Itching as it is.		S.L. 2 pills tds for one month.
24/12/2024	Eruption decreased but itching as it is.		Calc. Silicata 200 6 dose- S.L. 2 pills tds for one month
27/02/2025	Eruptions decreased. Itching less. No scalling		S.L. 2 pills tds for one month.

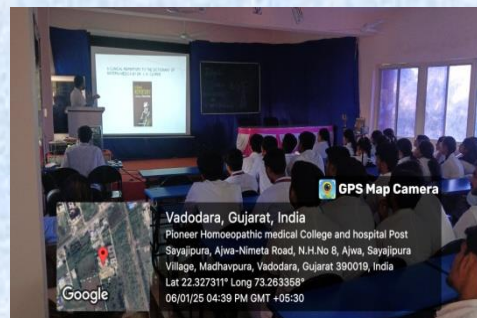
SPORTS



DEBATE



INTEGRATED SEMINAR



MATERIA MEDICA QUIZ



VASANT PANCHMI CELEBRATION



MATERIA MEDICA SYMPOSIUM ON EMERGENCY MEDICINE



Felicitation of University topper students



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